

Yellowknife Public Library presents

# Silent Reading Café

Every Tuesday in October  
12:00—2:00 p.m.



**Why a Silent Reading Café?** *It's no secret that libraries are changing. There is less emphasis on shushing and more emphasis on creativity and shared learning. But of course, it's nice to have some peace and quiet, to relax with a favourite book. What's more, many studies are now showing a correlation between screen time and decreased attention spans, disrupted sleep, and obesity.*



CITY OF  
YELLOWKNIFE

Your lunch break is meant to be a break. It's not for checking your email, paying bills, or fighting against traffic. *This October, the Yellowknife Public Library challenges you to take time for yourself on your lunch break. Escape from the noise and distractions, get away from the daily grind.*

Join us at the Silent Reading Café. Bring a book, bring a snack, but electronics need to be off and out of sight— better yet, leave them behind!

*Your mind will thank you.*

"The Reader" by L.C. Neill

For more information, visit [www.yellowknife.ca/ypl](http://www.yellowknife.ca/ypl) or call (867) 920-5642

 [yellowknife.ca](http://yellowknife.ca)